

# 3 to 5 year old

## Typical Daily Program

Location - North 1631 56th Street, Delta BC, V4M 4H8



6:45 - 7:45	Breakfast (if needed)
7:45 - 8:45	Freeplay
8:45 - 9:00	Washroom/hand washing
9:00 - 9:30	Morning snack
9:30 - 9:45	Washroom/hand washing/transition
9:45 - 10:15	Circle time
10:15 - 10:45	Structured activity/play
10:45 - 11:45	Outdoor play
11:45 - 12:00	Washroom/hand washing
12:00 - 12:30	Lunch
12:30 - 12:45	Washroom/hand washing
12:45 - 2:30	Nap/quiet time or outside play if non napper
2:30 - 2:45	Story and circle time
2:45 - 3:00	Washroom/hand washing
3:00 - 3:30	Afternoon snack
3:30 - 3:45	Washroom/hand washing
3:45 - 4:15	Structured play
4:15 - 5:00	Gross motor play / outside play / free play
5:00	Closing time & preparing the environment for the following day (Teachers' time)