

Infant and Toddler Typical Daily Program



Location - North 1631 56th Street, Delta BC, V4M 4H8

6:45 - 7:40	Greeting, wash hands, breakfast (if needed) & creative play
7:40 - 8:40	Story time, music and movement, and activity time
8:40 - 9:20	Washing hands, morning snack, and diaper time
9:20 - 9:30	Getting ready for outside play
9:30 - 10:15	Physical Education, outside play and nature program
10:15 - 10:30	Getting ready for inside & wash hands
10:30 - 10:50	Circle / yoga time
10:50 - 11:40	Hand washing & lunch time (eat together)
11:40 - 12:15	Hand washing, diaper time, & story time
12:15 - 2:15	Mindfulness - nap time
2:15 - 2:30	Diaper time & wash hands
2:30 - 3:00	Afternoon Snack
3:00 - 3:45	Activity time, creative play & clean up
3:45 - 4:00	Getting ready for outside play
4:00 - 4:45	Physical Education / outside play (till sunlight allows)
4:45 - 5:00	Hand washing, diaper time, music & socializing (the centre closed for the children at 5:00pm)
5:00	Closing time & preparing the environment for the following day (Teachers' time)