

Infant and Toddler Typical Daily Program

Location - North 1631 56th Street, Delta BC. V4L 2B2



06:45 am - 07:40 am	Greeting, wash hands, breakfast (if needed) & creative play
07:40 am - 08:40 am	Story time, music and movement, and activity time
08:40 am - 09:20 am	Washing hands, morning snack, and diaper time
09:20 am - 09:30 am	Getting ready for outside play
09:30 am - 10:15 am	Physical Education, outside play and nature program
10:15 am - 10:30 am	Getting ready for inside & wash hands
10:30 am - 10:50 am	Circle / yoga time
10:50 am - 11:40 am	Hand washing & lunch time (eat together)
11:40 am - 12:15 pm	Hand washing, diaper time, & story time
12:15 pm - 14:15 pm	Mindfulness - nap time
14:15 pm - 14:30 pm	Diaper time & wash hands
14:30 pm - 15:00 pm	Afternoon Snack
15:00 pm - 15:45 pm	Activity time, creative play & clean up
15:45 pm - 16:00 pm	Getting ready for outside play
16:00 pm - 16:45 pm	Physical Education / outside play (till sunlight allows)
16:45 pm - 17:00 pm	Gross motor play / outside play / free play (the centre closed for the children at 5:00pm)
17:00 pm	Closing time & preparing the environment for the following day (Teachers' time)